

# Enhanced Target Normal Sheath Acceleration Based On Laser Relativistic Self-Focusing

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The enhance target normal sheath acceleration based on the laser relativistic self-focusing is investigated by theoretical analysis and particle-in-cell simulations. The underdense plasma acting as a nonlinear optical lens can nonlinearly focus the relativistic laser pulse, leading to a higher intensity laser with a smaller spot and steeper pulse front. In the underdense plasma, the temperature of the hot electrons will be greatly enhanced due to the occurrence of resonant absorption when the electron-betatron-oscillation frequency is close to its witnessed laser frequency [Pukhov et al., *Phys. Plasma* **6**, 2847 (1999)]. Then these hot electrons penetrate through the backside solid target, inducing a stronger sheath electric field at the rear surface of the target, which can accelerate the protons to a higher energy. It is also shown that that the optimum length of the underdense plasma is approximately equal to the self-focusing distance.

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